

August 7th grade

2017

McKinley Volleyball

7th grade Coach Jones ejones@cr.k12.ia.us

319.558-3176

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--|--|--|----------|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 Meeting | 25 | 26 |
| 27 | 28 *Practice Begins 3:20-4:30 | 29 Practice 3:20 PM- 4:30 PM | 30 Practice 3:20 PM- 4:30 PM | 31 Practice 3:20 PM- 4:30 PM | Conditioning on your own (Will discuss prior) | |