

McKinley Middle School PE Expectations

Behavior: You are expected to treat the PE teachers AND your classmates with respect and display good sportsmanship at all times. No put-downs or bullying will be tolerated. We will be using the "7 levels of intervention" in PE. They are posted in the gym.

Tardies: Be in the locker room by the time the bell rings to avoid being tardy. The tardy policy is posted in both locker rooms and in the gym. Also, you will be counted tardy if you are not in your spot during attendance in the gym.

RESTROOMS/DRINKS: Please try to use the restroom in the locker room prior to class. If a restroom emergency occurs, you must get permission from one of the PE teachers to leave. There is a restroom pass LANYARD that you must take with you. Only 1 boy and 1 girl are allowed to leave at a time. If the pass is being used, wait until it is returned to leave. Use the 1st floor restrooms. The locker rooms will be locked during class. ***FAILURE TO GET PERMISSION PRIOR TO LEAVING CLASS WILL RESULT IN LOSS OF PRIVILEGES OR OTHER CONSEQUENCES**

Cell Phones: Per the student handbook, cell phones, earbuds, and other electronic devices may only be visible and used in the cafeteria during lunch, before/after school, and during passing times. Electronic devices are strictly forbidden in locker rooms and restrooms. Leave your phone in the PE office during class. If you are on your phone in class, it will be confiscated and taken to the office.

Medical Concerns:

- Bring a note from a parent/guardian to excuse you from participation for 1-3 days of PE class.
- Bring a doctor's written note if you must be excused from participation for longer than 1-3 days of class.

Fire Drill: If we are in the big gym, walk quietly out the gym doors and line up single file close to the 4-square lines by the bike racks. Stand quietly and wait for further instructions. If we are in the locker rooms, go outside the rear exit of the locker room and line up by the bike racks.

* If you are in the small gym, exit out through the cafeteria door.

Tornado drill: Go into your locker room. Kneel and cover your head inside or near the shower room. No talking. If you are in the small gym, you may just stay there, kneel and cover your head. Your teacher will give you instructions.

Lock Down: If we are in the big gym we will sit against the wall where the small bleachers are. It is extremely important that you are SILENT and stay out of sight of the hall gym doors.

If we can get to the locker rooms, we will. Go to the back in the hallway leading to the back exit of the locker room and SIT SILENTLY. All of the lights will be turned off to make it appear that no one is in the locker room. Don't scream or yell when the lights are turned off. This could cue any intruders that you are in the room.

Lock Down if you are in the small gym: Stay close to the exit doors by the cafeteria. Stay out of sight of the glass doors on the balcony. Be silent.

Lock Down Outside: Listen for instructions from the teachers. We would want to get away from the building, not go in the school if there is an intruder inside. Stay with the class.

Please take the fire, tornado, and lock-down drills seriously. Although no real fire, tornado, or lockdown may ever occur, everyone needs to know what to do and to be safe in an emergency.

21st Century Skills grade: Students will be graded over a three-week period on Respect, Responsibility, and Engagement (participation).

Included in your grade:

Respect

Responsibility

Engagement (participation)

Teachers/Classmates

Dressing Out

Participating appropriately

Following directions

Attendance/on time

E (exemplary) = 0-1 violations (updated every three weeks) of Respect, Responsibility, and Participation

P (proficient) = 2-3 violations

D (developing) = 4-5 violations

I (insufficient) = 6 or more violations

N (no evidence) = refusal to participate/extended absences, etc.

We will be using LCA (Learner Centered Assessments) for your grading this year. We will go over expectations for that for each standard assessed.