

McKinley Girl's Swimming October 2018

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8	9	10 Practice 3:00-4:00	11 Practice 3:00-4:00	12 No Practice
15	16 Practice 3:00-4:00	17 Practice 3:00-4:00	18 Practice 3:00-4:00	19 No Practice
22 Meet @ Jefferson HS Taft and Wilson	23 Practice 3:00-4:00	24 Practice 3:00-4:00	25 Practice 3:00-4:00	26 No Practice
29 Meet @ Washington HS Franklin and Harding	30 Practice 3:00-4:00	31 Practice 3:00-4:00	Coach: Molly Lamb mlamb@cr.k12.ia.us 558-4125	Practice Location: Helen G. Nassif YMCA 207 7th Avenue SE

November 2018

Mon	Tue	Wed	Thu	Fri
			1 Team Pictures Practice 3:00-4:00	2 No Practice
5 Meet @ Washington HS Franklin and Linn-Mar	6 Practice 3:00-4:00	7 Practice 3:00-4:00	8 Practice 3:00-4:00	9 No Practice
12 Meet @ Washington HS Franklin and Regis	13 Practice 3:00-4:00	14 Practice 3:00-4:00	15 Practice 3:00-4:00	16 No Practice
19 City Meet @ Linn-Mar HS	20 Practice: Swimmers will leave MCK at 2:45 and a bus will take them to the Y.	**Swimmers need to be picked up or leave the YMCA premises no later than 4:15 pm., unless other arrangements are made through me.	**Swimmers will use the Girl's Locker Room. Please bring lock for personal items. The YMCA is not responsible for lost or stolen items.	**Swimmers will need a one-piece swim suit, goggles, and a towel. Swim caps will be provided.
		**There will be no return bus from swim meets. Please make transportation arrangements prior to the day of the meet.		