

McKinley and Franklin Middle School Swimming
2017-2018--Expectations and Schedule
First Day of Practice: Monday, December 4, 2017 @ 3:00

TEAM GOALS:

The goal of McKinley and Franklin Middle School swimming is for each student/athlete involved to learn more about competitive swimming and about working together as a team. Improvements in times and performances at swim meets will come as a result of hard work in practice.

SWIMMING SUPPLIES:

You must have a current physical and concussion form turned in to the Clinic before you can practice with the team. Each swimmer should provide your own swimsuit or shorts with drawstring and a towel. (No, Speedo style suits are **not** required) Goggles can be purchased on your own at one of the local sporting goods stores. Goggles are not necessary, but recommended.

PRACTICE SCHEDULE:

Practice times during are after school Mondays through Thursdays from 3:00-4:00 and Fridays from 6:15-7:15 AM. Swimmers are expected to attend ALL scheduled practices. Exceptions should be discussed with Coach Goodlove or Hayes prior to an absence or immediately upon return from one. Unexcused absences from practice may result in a student being held out of swim meets. We will not have afternoon practice on early release days or morning practice on meet days.

BUS TO AND FROM PRACTICE/MEETS:

McKinley and Franklin will provide a bus to and from Washington High School for both after school practices and meets, departure 2:35. McKinley will have a return bus scheduled to return to McKinley around 4:30. The return bus may be cancelled if not enough students use it and other transportation can be found. Students may and are encouraged to ride home from Washington with parents instead of returning to McKinley. During morning practice swimmers need to get to Washington practice on their own and a bus will be provided to get them from Washington to McKinley and Franklin at 7:30. If 8th graders have classes at Washington they would stay at Washington for those.

MEET SCHEDULE:

Thursday, December 14	Vs. Harding/Regis/LaSalle & Taft/Roos/Wilson @ Jefferson @ 3:30
Thursday, December 21	Vs. Northwest and North Central @ Coraville Rec Center @ 4:00
Thursday, January 11	Vs. Linn Mar @ Linn Mar @ 3:45
Thursday, January 22	Vs. North Central @ Washington H.S. @ 3:30
Tuesday, January 23	Conference Championship Meet @ Linn Mar @ 4:30

COACH INFORMATION:

Coach Goodlove can be reached during the day at McKinley, 558-2348, text or call my cell at 319-361-8916 or email jgoodlove@cr.k12.ia.us Coach Hayes can be reached at mhayes@cr.k12.ia.us. Please call or email with questions or concerns.

TEAM PICTURES:

Team pictures will be taken later in the season from Read Photography. Individual shots may be taken as well. This is optional.

2017-18
Franklin-McKinley Swimming Schedule

Day	Date	Activity	Time
Monday	12/4/17	Practice	3:00-4:00
Tuesday	12/5/17	Practice	3:00-4:00
Wednesday	12/6/17	Practice	3:00-4:00
Thursday	12/7/17	Practice	3:00-4:00
Friday	12/8/17	AM Practice 6:15-7:15	6:15-7:15
Monday	12/11/17	Practice	3:00-4:00
Tuesday	12/12/17	Practice	3:00-4:00
Wednesday	12/13/01	Practice	3:00-4:00
Thursday	12/14/17	Away Swim Meet - Harding/Reg/LaS, Roos/Wil @ Jeffers	3:30
Friday	12/15/17	AM Practice 6:15-7:15	6:15-7:15
Monday	12/18/17	Practice	3:00-4:00
Tuesday	12/19/17	Practice	3:00-4:00
Wednesday	12/20/17	Practice	3:00-4:00
Thursday	12/21/17	Away Swim Meet-Northwest & North Central @ Coralvi	4:00
Friday	12/22/17	No Practice/No School	
Tuesday	1/2/16	Practice	3:00-4:00
Wednesday	1/3/16	Practice	3:00-4:00
Thursday	1/4/16	Practice	3:00-4:00
Friday	1/5/16	AM Practice 6:15-7:15	6:15-7:15
Monday	1/8/17	Practice	3:00-4:00
Tuesday	1/9/17	Practice	3:00-4:00
Wednesday	1/10/17	Practice	3:00-4:00
Thursday	1/11/17	Away Swim Meet-Linn Mar @ Linn Mar	3:45
Friday	1/12/17	AM Practice 6:15-7:15	6:15-7:15
Monday	1/15/17	No Practice/No School	
Tuesday	1/16/17	No Practice/No School	
Wednesday	1/17/18	AM Practice 6:15-7:15	6:15-7:15
Thursday	1/18/17	Home Meet Meet-NW, @ Kennedy w/Hard vs LM	3:30
Friday	1/19/17	AM Practice 6:15-7:15	6:15-7:15
Monday	1/22/17	AM Practice 6:15-7:15	6:15-7:15
Tuesday	1/23/17	Away Meet - City Meet @ Linn-Mar	4:00