

## McKinley Cross Country

I give permission for my child to participate in Cross Country and run off campus in a designated route. The planned routes may include routes from McKinley to 19<sup>th</sup> Street between 7<sup>th</sup> Avenue to Mt. Vernon Road. We will also use the overhead crossing and go toward the New Bo area. Depending on ability levels and numbers, we may expand our routes to experience different terrain such as Van Vechten or Bever Park.

Students are to yield to any cross or on-coming traffic and respect neighborhood properties as they run.

McKinley will provide an adult (coach) to be somewhere on the course during any of the off campus runs.

Please provide your email if possible and I will email practice updates athlete progress and changes in our schedule to you.

Student Name \_\_\_\_\_

Parent Name \_\_\_\_\_

Parent Signature \_\_\_\_\_ Approving student running off campus.

Parent email \_\_\_\_\_

Parent phone number for emergency contact \_\_\_\_\_

Jay Goodlove  
Cross Country Coach  
McKinley Middle School  
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558-3304 cell/text: 319-361-8916

I can be reached at Kennedy High School during the day at the above number or email.